

TORONTO
DOMINION
CENTRE

A  PROPERTY



WELL FEATURE GUIDE

TD CENTRE
WELL V2 GOLD CERTIFICATION
ACHIEVED 2022





OUR WELLNESS COMMITMENT



Situated at the heart of Canadian business, TD Centre is Canada's most prestigious business community. Arranged around granite-paved pedestrian plazas and greenspaces, the property provides all the amenities needed to prosper and thrive. WELL is more than just a certification, it is a part of TD Centre's commitment to support our tenants and our community. By investing in building upgrades, enhancing amenities, and implementing new initiatives, TD Centre aims to cultivate a workplace environment that values and supports the health and wellbeing of its occupants.

Since 2017, when TD Centre's 222 Bay Street was the first existing building to achieve WELL Gold level Certification, Cadillac Fairview has seen the WELL Building Standard (WELL) as an opportunity to exemplify their commitment to the health and wellness goals of tenants. Following 2017's success, TD Centre decided to pursue WELL Portfolio Certification, to demonstrate its commitment to support occupant productivity, wellbeing and long term success across the entire complex.

TD Centre is proud to announce the achievement of WELL v2 Gold Certification at 77 King Street West, 66 Wellington Street West, 79 Wellington Street West, 100 Wellington Street West, and 222 Bay Street, and WELL v2 Precertification at 95 Wellington Street West, putting TDC on track to realizing its goal of achieving Gold level Certification across the entire property.

ABOUT THE WELL BUILDING STANDARD



The WELL building Standard is a road map for advancing human health within the built environment. **Founded on the principles of being equitable and resilient, the WELL Building Standard draws on expertise from a diverse community of building scientists and public health professionals to put our health at the forefront of design. It takes a scientific approach to creating spaces that empower occupants to feel and perform better.**

WELL is comprised of Features, each of which support one of ten concepts that make up the standard. The WELL Concepts include Air, Water, Nourishment, Light, Movement, Thermal Comfort, Sound, Materials, Mind, and Community. Projects are required to achieve Features and subsequent points based on performance outcomes for various policy, design and operational strategies. WELL shapes operations and maintenance plans for buildings—optimizing the way that occupants can benefit from their surrounding environment.

The following Feature Guide provides an overview of the WELL Features achieved at TD Centre and the positive impact that these spaces have on the physical and mental health of the community.

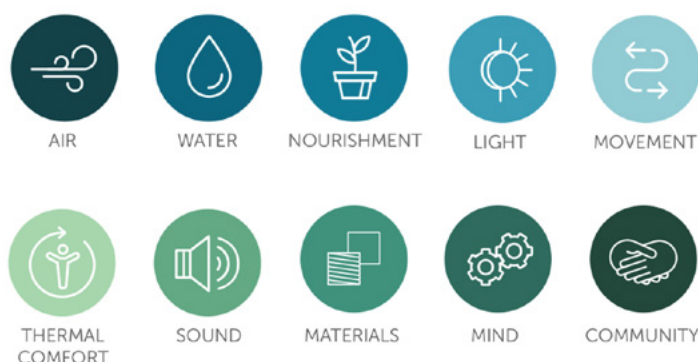


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AIR FEATURES

With individuals spending approximately 90% of their time indoors and breathing more than 15,000 litres of air each day, interventions to optimize indoor air quality have significant potential to positively impact health and wellbeing. TD Centre aims to promote clean air and minimize human exposure to harmful contaminants, utilizing the following strategies.

AIR QUALITY MAINTENANCE & TESTING

TD Centre maintains operational protocols and regular testing procedures to ensure that a high level of indoor air quality is provided throughout the space. Common air pollutants including volatile organic compounds (VOCs) and particulate matter are tested annually, and high quality MERV 13 filters, or higher, are in place to filter outdoor air. Separate ventilation for spaces like bathrooms is in place to expel air outdoors, ensuring only clean air is recirculated.

SMOKE MINIMIZATION

To eliminate the hazardous effects of second hand smoke, TD Centre has implemented measures such as a smoking ban to protect occupants and indoor air quality. With the

exception of designated smoking zones, TD Centre is a smoke-free property, and smoking is banned within 7.5 metres of all building entrances to eliminate the infiltration of smoke through building entryways.

POLLUTION MANAGEMENT

To further enhance indoor air quality, TD Centre has various protocols in place that reduce the introduction of harmful substances into its indoor spaces. At all main entrances of the property, walk-off mats and revolving doors are in place to reduce the circulation of particulate matter and toxins from the outdoors. Construction guidelines ensure safeguards are used before, during, and after construction work to protect ventilation systems and prevent occupant exposure to harsh chemicals from off-gassing. On an ongoing basis, building management is attentive to any signs of mold and water damage and TD Centre undertakes regular inspections of the building to identify and resolve abnormalities. These are just some of the measures in place at the property to maintain a healthy indoor environment.



WATER FEATURES

Water plays a fundamental role in both personal wellness and building operations. From maintaining optimal water quality to preventing mold and moisture, TD Centre has numerous policies and protocols in place to manage everything water-related.

CONTROLLING WATER QUALITY

Sediment and microorganisms are among a list of water properties that can serve as indicators that other harmful contaminants and pathogens are present, such as bacteria. Through routine annual water quality testing, TD Centre is committed to monitoring water quality at the property, ensuring that the stringent parameters set by the WELL Building Standard are met.

MOISTURE MANAGEMENT

Mold can grow in the presence of damp building materials, pooling water, and precipitation. To prevent such issues, TD Centre's building envelope is constructed to keep moisture away from more porous interior layers. The construction of each tower's exterior walls, windows, and joinery offer effective water drainage, wicking away water to prevent the infiltration of mold,

microbes and pests that impact respiratory health. Throughout the towers and in building entryways, moisture-tolerant materials such as aluminum, steel and glass are used. Interior moisture-tolerant materials include granite, travertine, ceramic tile, and stainless steel. In spaces which experience high humidity, such as bathrooms and mechanical rooms, finishes such as ceramic tiles, plastic laminate, and waterproofing membranes are used as protection against moisture and deterioration.

PROMOTING HANDWASHING

The design of bathrooms can facilitate and encourage proper handwashing, reducing the potential for infectious disease transmission. Bathrooms at TD Centre are all equipped with hands-free faucets and soap dispensers. At all sinks, sealed and disposable cartridges of fragrance-free soap can be found, which reduce cross contamination with germs. Paper towels for drying hands are also available, as there is robust evidence to support their ability to remove bacteria, as compared with air dryers.



NOURISHMENT FEATURES

Nutrition and overall well-being are closely linked, with inadequate nutrition bring a contributor to preventable chronic diseases. Although fruits and vegetables are key components of a healthy diet, most individuals fall short of consuming the daily recommended five servings per day. TD Centre aims to encourage healthier food and beverage choices, by way of the below features and interventions.

HEALTHY EATING MESSAGING


Increasing the visibility and convenience of healthy foods has been shown to be an effective strategy in promoting healthy eating choices. By creating an environment where healthier food is the easiest choice, TD Centre can support the overall health of its occupants. In common areas of each building, prominent nutritional messaging is displayed encouraging behaviours such as drinking more water, eating whole foods to increase vitamin intake, and snacking on healthier alternatives to processed treats. Keep an eye out for healthy eating messages in the lobbies, on elevator screens, and on concierge desks around the property.

NUTRITION EDUCATION

To further promote healthy eating, Cadillac Fairview offers occupants of TD Centre ongoing complimentary nutrition workshops focused on a variety of topics. To ensure nutrition education remains accessible to all occupants and to accommodate different work schedules, the workshops are hosted virtually as webinars. These webinars are recorded and available on TD Centre's [Youtube Channel](#). The sessions are also promoted and communicated to all building occupants on a quarterly basis through newsletters and email blasts.

LOCAL FOOD

Proximity to supermarkets and grocery stores with produce sections can encourage occupants to improve their dietary and lifestyle choices. Exposure to healthier meal options can contribute to increasing fruit and vegetable consumption, reducing the prevalence of diet-related chronic illnesses. The convenient location of TD Centre allows occupants to access healthy food within their local environments. Within the property and in the PATH, occupants can enjoy fresh and healthy options from retailers such as McEwans Fine Foods.



**When You Eat
Better, You
Feel Better.**

Increase your intake
of vitamins and minerals
by choosing colourful
whole foods.

CF tdcentre.com | [@tdcentreto](https://twitter.com/tdcentreto)

Visit the TD Centre Food Hall for
a wide range of fresh and healthy
options.



LIGHT FEATURES

Light exposure can impact our circadian rhythm, mental health, and well-being. While many lighting conditions are designed to meet our baseline visual needs, these conditions do not account for our circadian systems and mental health. Integrating daylight and indoor lighting can optimize mental health, along with comfort and productivity. TD Centre was designed to maximize access to daylight, and incorporates high quality lighting throughout the space, as outlined below.


LIGHTING DESIGN

Circadian rhythm is the internal process that regulates our sleep-wake cycle, and affects our mental and physical health. Light exposure is the main driver of the circadian rhythm, with daytime light exposure linked to increases in productivity and sleep quality while reducing symptoms of depression. The window panes of each floor at TD Centre are maximized to offer large amounts of natural light and views of the outdoors. As an effort to support access to light and healthy circadian rhythm functioning, TD Centre developed a lighting plan that documented tasks and activities that required light inside the property, based on guidelines from [IES Lighting Handbook Guidelines](#). Beyond this, all base building lighting at TD Centre was subject to performance testing by a third party assessor, confirming that lighting levels in common spaces meets the rigorous requirements set out by the IES Lighting Handbook.

LIGHTING EDUCATION

To encourage occupants to seek light exposure on their own, TD Centre provides educational communications and books discussing the importance of light for well-being. In common areas of the property, prominent messaging is displayed encouraging behaviours such as increasing light exposure during the day while limiting blue light in the evening, and creating

a healthy bedtime routine for better sleep. Additionally, Cadillac Fairview implemented a physical TDC Wellness Library in the lobby of each tower. There are a total of eight circadian rhythm, sleep hygiene, and light-related resources in the library, available for occupants to access at no cost. As part of TD Centre's Occupant Engagement Program, an educational Light & Productivity Infographic was distributed to all building occupants in the complex-wide newsletter. This is available for download anytime at tdcentre.com.



**Harness
the Power
of Light.**

Circadian rhythm is the internal process that regulates our sleep-wake cycle, and affects our mental and physical health.

Increase daylight exposure early in the day, and limit blue light exposure in the evening to maintain a healthy circadian rhythm.



MOVEMENT FEATURES

Studies have shown that 6-8 hours of sitting per day increases risk for a wide range of health issues, such as cardiovascular disease and depression. Rising trends in sedentary behaviour globally indicate that strategies such as building design can make a significant impact on supporting physical activity and active lifestyles. TD Centre aims to foster a culture of movement and active living by enhancing opportunities for physical activity, through the following strategies.

PROMOTING MOVEMENT & ERGONOMICS

Ergonomics is the science and practice of fitting workspaces to the needs of occupants, and can include strategies such as adjustable workstations and selecting specific furnishings. Research suggests that occupants should alternate between seated and standing positions throughout the day to avoid discomfort from prolonged sitting. To offer enhanced flexibility with their workspaces, all concierge desks have been modified to include monitor arms and adjustable height workstations.

SITE PLANNING

The location of a building plays an important role in providing physical activity opportunities. Within proximity to TD Centre, there are multiple diverse points of interest which encourage active methods of transportation, such as walking, cycling or public transit. There are also several amenities within walking distance of TD Centre, including pharmacies, gyms, post offices, retail, the **PATH**, and more. Within the property, occupants also have access to TD Centre's courtyard, Oscar Peterson Place.

EXTERIOR ACTIVE DESIGN

Leveraging building design, TD Centre invites occupants and the broader community to engage in physical activity by providing an animated and vibrant façade. Street level windows show visually interesting design elements, as well as mixed colours and textures. At 222 Bay, a landmark building in Toronto's Financial District, architecturally significant designs such as carved stone and classical themes enhance the entire façade at street level. Within the property, artistic installations as well as landscape elements, and Oscar Peterson Place provide on-site points of interest, encouraging interactions between TD Centre and its surrounding pedestrian community.



THERMAL COMFORT FEATURES

Thermal conditions not only impact a building's energy use for heating and cooling, but also an occupant's experience indoors. Thermal comfort has been associated with well-being and productivity, ranking as one of the highest contributing factors to overall satisfaction in a building. TD Centre aims to promote productivity by ensuring a maximum level of thermal comfort through optimized HVAC design and control, utilizing the following strategies.

THERMAL COMFORT MONITORING

Indoor thermal conditions are known to impact human health and the endocrine and respiratory systems. Cold and dry conditions have been associated with facilitating the spread of viruses while overly warm conditions are linked to respiratory issues, fatigue, and low mood. The use of thermal comfort modelling can provide an effective way to predict whether occupants will be satisfied with their thermal environment. Using core parameters such as humidity, air temperature, and clothing insulation, thermal comfort modelling can effectively shape how

a building is operated. TD Centre commits to ongoing thermal comfort testing, informed by historical data and design calculations to maintain a healthy indoor environment. This monitoring will allow Cadillac Fairview to identify and remedy anomalies, ensuring occupant satisfaction.

EXTERIOR THERMAL COMFORT

The design of outdoor spaces can be conducive to improving the health and well-being of occupants and the broader community. By retaining open greenery and trees, buildings can counter the effects of urban heat island, a phenomenon where the materials of structures retain and radiate heat, and high prevailing winds. To maintain a comfortable outdoor environment at the property, TD Centre has an extensive green roof on the TD Bank pavillion and carried out a solar shading assessment. The assessment outlined how much shade outdoor common areas such as pedestrian pathways, greenspaces, and entrances received, with all results falling well within the limits of comfort thresholds.



SOUND FEATURES

Only in recent years have studies identified noise as a hinderance to occupant health and well-being. Internally generated noise has been ranked as a major cause of complaint in offices, resulting in disruptions to productivity, focus, and memory retention. TD Centre aims to improve occupant health and well-being by identifying comfortable acoustical parameters and mitigating any acoustical issues arising inside the buildings, by implementing the following strategies.

SOUND MAPPING

With modern architectural and interior design trending towards open work spaces and the use of lightweight construction materials, noise within offices is often a prevalent concern among occupants. Sources of noise, such as mechanical equipment or general background noise, can play a role in reducing productivity while increasing susceptibility to distraction. Identifying sources of noise and developing a plan to manage it has the potential to raise levels of acoustical comfort. TD Centre conducted a sound analysis that provided measures of background noise levels, acoustical privacy, and loud to quiet zones.

SOUND ABSORPTION

Materials used in interior finishes have the potential to impact acoustical comfort. For best results, interior finishes should be catered towards a space's intended functioning, and consider applying complementary finishes in a space. These considerations can drastically improve comfort levels, providing an environment conducive to critical listening, speech projection and privacy, and memory retention. To implement noise-reducing measures, TD Centre has base building design standards which specify the use of high-performance ceiling finishes that have high sound absorption values. These ceiling finishes can be found in all six towers, including tenant spaces.



MATERIALS FEATURES

Buildings can advance health through managing the emissions and hazardous contents of building materials and products. Consideration of labelling and certifications outlining safe ingredients can serve as a useful strategy to protect the health of occupants and the broader community. TD Centre aims to reduce the risk of exposure to environmental contaminants, manage hazardous ingredients across the property, and support innovation in the manufacturing of environmentally responsible materials, through the following strategies.

INTERIOR & EXTERIOR MATERIALS

Restricting known hazardous ingredients in newly installed finishes reduces the risk of exposure and furthers the market demand for better building materials. To reduce the potential for environmental contamination, TD Centre restricts asbestos, mercury-containing lamps, and lead in plumbing fixtures and paint for all newly-installed building materials. To manage the hazards that come with existing hazardous building materials installed prior to applicable laws, Cadillac Fairview strictly adheres to federal and provincial regulations to evaluate, monitor, and abate hazardous materials at the property. Prior to the start of any construction work, Cadillac Fairview engages a certified risk assessor or other qualified contractor to identify

risks and take samples where appropriate. For all construction projects that tenants undertake, tenants must provide extensive documentation and verification of hazardous building material reporting. These practices guide Cadillac Fairview and its tenants in the handling of asbestos, lead, PCBs, and Chromated Copper Arsenate.

GREEN CLEANING PROGRAM

In an effort to limit harmful chemicals, TD Centre has a Green Cleaning Program that is implemented property-wide. The program eliminates the use of carcinogenic, mutagenic, irritative, and reprotoxic substances. Alongside that, TD Centre's cleaning contractors undergo annual educational training which promote the proper use and storage of cleaning products, selecting low-hazard materials, and use of personal protective equipment. The property also implemented a cleaning schedule, addressing the extent and frequency of cleaning via dated logs, identification and maintenance of high-touch surfaces, and any limitations. Tenants who wish to implement green cleaning practices can reference TD Centre's [Green & Effective Cleaning Guide](#), or the [Go Green While You Clean poster](#), on tdcentre.com.



MATERIALS FEATURES

EMISSIONS CONTROL

VOCs, also known as volatile organic compounds, have a wide range of health effects that can cause irritation to the nose, eyes, and throat, while resulting in liver, kidney and central nervous system damage. Indoor sources of VOCs include interior furnishings, flooring, insulation, and composite wood products. Unlike paints, sealants, and coatings, VOCs in furnishings can emit harmful compounds over a longer length of time. To protect occupant health over the long-term, TD Centre implemented VOC limits for furnishings, flooring, and insulation, based on standards from ANSI and the California Department of Public Health.

CONTACT REDUCTION

Viral diseases, including COVID-19 and influenza, are spread by oral or respiratory particles. To ensure a safe workplace environment in the COVID-19 era, Cadillac Fairview has achieved the **WELL Health-Safety Rating**. To demonstrate further commitment to occupant well-being, TD

Centre has deployed a Re-Entry Plan informed by the current environment and recommendations from public health. Distancing and safety measures, will be enforced as-needed based on public health guidelines.

With the understanding that most infectious diseases can survive on surfaces, Cadillac Fairview has also taken significant steps to reduce the need for occupants to touch surfaces in the building, in addition to increasing the cleaning frequency of high-touch surfaces. Personal protective equipment (PPE) disposal bins, and disinfectant wipes are made available as surface contact interventions to keep occupants safe. Building management will continue to be diligent in communicating any changes or updates with the TD Centre community as new information becomes available.



MIND FEATURES

Mental health affects our ability to manage stress, work productively, and live to our full potential. Mental health conditions, such as chronic stress and depression, have been associated with an increased risk of disease and infection. Buildings can serve as an effective tool to improve mental health, increase access to mental health support, and provide opportunities to enhance overall well-being. TD Centre aims to support mental health and the well-being of occupants from diverse perspectives, by way of the following design, policy, and engagement strategies.

MENTAL HEALTH SUPPORT

TD Centre takes pride in its progressive approach to mental health, working to create an inclusive workplace community that supports occupants and provides opportunities for education and dialogue surrounding mental well-being. TD Centre offers occupants access to mental health resources via the award-winning Occupant Engagement Program (OEP). Through the OEP, various mental health resources and initiatives are made available to all occupants and shared at tdcentre.com. These initiatives aim to increase occupant understanding of how to improve their own mental well-being, while working to reduce stigma and change the dialog around mental health. Mental health resources that have been

shared to date include toolkits, infographics, interactive in-person events, speaker series, and communications. Materials that were previously developed include a [Staying Calm Amidst the Chaos Guide](#), [Managing Return to Office Anxiety infographic](#), a [Mental Health Speaker Series](#), and a [Mental Health Toolkit](#).

ACCESS TO NATURE

Exposure to elements of nature has been linked to lower levels of blood pressure, depression, and anxiety—as well as increasing attention spans, stress recovery, and overall well-being. TD Centre offers multiple restorative spaces for individuals to step away from their workstations, recharge, and refocus. By design, the property features extensive landscaping, dynamic natural light, and interaction with natural materials. Within the lobbies of each building, occupants have many options to use the space while large floor-to-ceiling windows offer sweeping views of the urban landscape. Occupants are able to enjoy Oscar Peterson Place, the central courtyard, which offers a multitude of different uses with its large open space and a variety of seating options.



MIND FEATURES

MENTAL HEALTH EDUCATION

To support mental health education and end the stigma around mental illness, Cadillac Fairview offers occupants of TD Centre ongoing mental health workshops focused on a variety of topics, at no cost. To ensure the education remains accessible to all occupants and to accommodate different work schedules, the workshops are hosted virtually as webinars. These webinars are recorded and available on TD Centre's [Youtube Channel](#). The sessions are also promoted and communicated to all building occupants on a quarterly basis through newsletters and email blasts.

TOBACCO & SUBSTANCE USE CESSATION

Supporting tobacco cessation and addiction recovery can play a key role in alleviating the burden of disease, benefiting the short and long-term health of occupants. In 2020, TD Centre was designated a smoke-free property. Occupants who choose to smoke are only allowed to do so in designated smoking areas on the property. Within the smoking areas is signage to further encourage smoking cessation. Occupants looking for support with smoking cessation and addiction can access various books through TD Centre's Wellness Library.



COMMUNITY FEATURES

Buildings that are designed with well-being in mind also consider social determinants of health, such as accessibility and inclusivity. Addressing community interactions within buildings and diverse occupant experiences can enable us to design equitable workplaces that shape a strong culture of well-being. TD Centre aims to address fundamental factors which influence well-being, and facilitate spaces which are inclusive, accessible, and safe for all occupants.

HEALTH & WELLNESS AWARENESS

To foster health literacy and provide accessible sources of education on well-being, TD Centre launched a physical Wellness Library in the lobby of each tower. There are a total of 60 titles discussing health as a holistic concept, available for occupants to access at no cost through each tower's concierge desk. Each tower has 10 unique titles, which are displayed through a book catalogue. Books are available to loan and enjoy for three weeks, and are available for all occupants who work at TD Centre.

INTEGRATIVE DESIGN

To encourage dialog between various stakeholders, Cadillac Fairview facilitated a stakeholder charette at the onset of the WELL Certification process. The property management team, architects, interior designers, engineers, human resources and workplace wellness experts were engaged in multiple instances to develop a roadmap and vision for achieving WELL Certification. To bring the community together through the shared experience of being in a unique space, TD Centre integrates art, along with a celebration of culture and place into its design. Occupants can enjoy beauty

and unique design through experiencing TD Centre's mid-century modern architecture, by the world-renowned architect, Mies van der Rohe. As a tribute to his pioneering modernist design philosophy, TD Centre features clean lines and elegant simplicity. Epitomizing the International Style, TD Centre was designed with a focus on balancing nature and novelty. A celebration of culture and place is embodied in the original art deco Stock Exchange Building, the Indigenous art collection at 79 Wellington Street West, Joe Fafard's cow statues, and each lobby's collection of art work.

ACCESSIBLE HEALTH SERVICES

Access to basic healthcare services is one of the main pillars that form the social determinants of health. To raise awareness for community health services, occupants and staff of TD Centre can access qualified medical providers within walking distance to the property, including MCI The Doctor's Office, Adelaide Health Clinic, and Integra Health. Internally, TD Centre employees have 24/7 access to Cadillac Fairview's Employee and Family Assistance Program.

Each year, TD Centre launches a Flu Campaign, which is committed to promoting the annual influenza vaccine and healthy habits. In partnership with on-site pharmacy, Shoppers Drug Mart, TD Centre reserves vaccine appointments specifically for occupants at the property, reducing barriers to accessibility. In addition, TD Centre provides communications promoting healthy habits, encouraging all occupants to do their part in maintaining a healthy workplace.



COMMUNITY FEATURES

ORGANIZATIONAL TRANSPARENCY

Openness and transparency with employees, stakeholders, and clients is key to Cadillac Fairview's commitment to responsibility, both at a corporate level and at TD Centre. Through annual CSR reporting in accordance with the [Global Reporting Initiative](#) (GRI), Cadillac Fairview's emphasis on transparency is exemplified. Through CSR reporting at the corporate level, and reporting on sustainability and wellness metrics at the property level, the goal is to create a sense of trust through accountability, honesty and openness. These reports are published and made available on [Cadillac Fairview's website](#).

EMERGENCY PREPAREDNESS & BUSINESS CONTINUITY

By focusing on preparedness and resiliency, buildings can support the collective safety of its tenants and broader community during emergency situations. An effective emergency management plan considers all potential hazards, the needs of stakeholders and vulnerable groups, and the responsibilities of the emergency response team and greater organization as a whole. At TD Centre, multiple emergency management plans are in place that outline actions that are taken immediately following an emergency, including a plan that is specific to the property and the specific needs of

the tenants and occupants within it.

Along with the emergency preparedness plan, a business continuity plan is in place for the property management team to map out the strategy for recovery and continuation of business operations following the occurrence of an emergency or disaster. Similar to the emergency preparedness plan, TD Centre is governed by a business continuity plan that considers all relevant factors that may impact the facility's ability to resume operations as well as best practices for moving forward.



Designing for WELLness Tour

TD Centre provides occupants with opportunities to learn about WELL at the property through WELLness tours. Tours will tell the story of wellness at TD Centre, highlighting the various wellness amenities that are available to occupants. To arrange a tour, contact your Manager of Tenant Relations.



INNOVATION FEATURES

The WELL Building Standard encourages buildings to go above and beyond, in order to address well-being in a novel and unique way. With the depth of wellness and sustainability initiatives undertaken by TD Centre, Cadillac Fairview chose to showcase three additional unique strategies that work to further its commitment to creating healthier environments.

GREEN BUILDING RATING SYSTEMS

The WELL Building Certification aligns with multiple green building rating systems, offering buildings an opportunity to demonstrate their commitment to sustainability and advancing well-being. TD Centre demonstrates its sustainability leadership through the pursuit of the WELL Certification and LEED Certification. LEED, a globally recognized green building certification, signifies a commitment to creating healthy, highly efficient and cost-saving buildings. The LEED Certification framework promotes improving environmental performance, carbon footprint, and indoor environmental quality. All six of TD Centre's towers are certified under LEED v4.1, with all towers achieving LEED Gold, with the exception of Tower 4, 79 Wellington Street West (TD South Tower)—which achieved LEED Platinum.

WELL AP GUIDANCE

A WELL Accredited Professional (WELL AP) credential signifies expertise in WELL, and a professional understanding of human health

and well-being in the built environment. For certification purposes, a WELL AP can provide invaluable guidance during the application, planning, and certification process.

To streamline the achievement of the WELL Certification, TD Centre engaged a consulting team experienced in wellness and sustainability certifications. Several members of the project team hold a WELL Accredited Professional designation, verifying their subject matter expertise.

OCCUPANT ENGAGEMENT PROGRAM

To effectively engage tenant organizations and occupants, TD Centre launched a comprehensive **Occupant Engagement Program (OEP)** in 2009. For over 12 years, the OEP has been instrumental in enhancing TD Centre's wellness goals and mission of delivering exceptional spaces. Developed with the goal of fostering a building-wide culture that empowers occupants to live sustainably and with well-being in mind, the OEP has provided thoughtful resources in the form of annual campaigns. Campaigns are constantly evolving based on the input of the tenant-driven steering committee, the Green Council, and the needs of the TD Centre community. As an amenity available to all occupants, the OEP continuously rolls out complimentary initiatives throughout the year, such as a **Nutrition Speaker Series** and **Mental Health Speaker Series**.

GLOSSARY



To aid in the review and understanding of this guide, the following is a list of common terms used in the WELL Building Standard™.

FEATURE

Refers to a set of requirements in the WELL Building Standard™ and the WELL Health-Safety Rating with a specific health intent. Features are classified as either mandatory Preconditions or as optional Optimizations that offer more flexibility.

CONCEPT

Features belong to one of 10 concepts. Concepts comprehensively address design, operations, and how buildings influence human behaviours in relation to health and well-being.

IWBI

The International WELL Building Institute (IWBI) is the body that develops and administers the WELL Building Standard™. IWBI's mission is to improve human health and well-being through the built environment.

WELL BUILDING STANDARD™

An independently verified, performance-based system for measuring, certifying and monitoring Features of the built environment that impact human health and wellbeing. The standard is composed of over 100 Features that are applied to each building project, designed to address issues that impact the health, comfort or knowledge of occupants through design, operations and behaviour. The WELL Building Standard™ is designed to work harmoniously with the LEED Green Building Rating System.

WELL AP

A WELL Accredited Professional (WELL AP) possesses expertise in the WELL Building Standard and a commitment to advancing human health and wellness in buildings and communities around the world.